

Torbay Domestic
Abuse Service (TDAS)

 Sanctuary
Supported Living


action for
children



LIGHT

Living in great
hope together

For people who have experienced domestic
abuse to meet in a friendly group

Torbay Domestic Abuse Service initiative
working with Torbay Children's Centres

Torbay Domestic Abuse Service (TDAS)



Torbay LIGHT group aims to help people move forward in life after experiencing domestic abuse. It is a friendly group, providing social opportunities for people who are no longer in abusive relationships.

Day time meetings take place fortnightly as well as additional activity sessions which may include:

- Coffee and a chat
- Workshops
- Day trips
- Pampering sessions
- Courses
- Skill sharing
- Crafts

Choice of activities to be led by group members.

For more information or to join LIGHT, please contact
TDAS on **01803 698 869** or
email **tdas@sanctuary-housing.co.uk**

