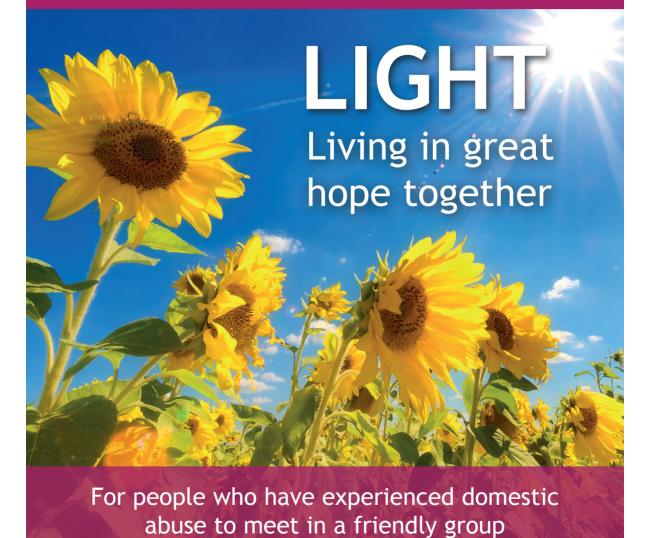
Torbay Domestic Abuse Service (TDAS)







Torbay Domestic Abuse Service initiative working with Torbay Children's Centres

Torbay Domestic Abuse Service (TDAS)







Torbay LIGHT group aims to help people move forward in life after experiencing domestic abuse. It is a friendly group, providing social opportunities for people who are no longer in abusive relationships.

Day time meetings take place fortnightly as well as additional activity sessions which may include:

- Coffee and a chat
- Workshops
- Day trips
- Pampering sessions
- Courses
- Skill sharing
- Crafts

Choice of activities to be led by group members.

For more information or to join LIGHT, please contact TDAS on **01803 698 869** or email **tdas@sanctuary-housing.co.uk**

